Debi Kinney

CEO, Hello Coaching

HelloCoaching.info
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As a Goals Coach, I help women bridge the gap between inspiration and action. While nearly 98% of people who set goals never achieve them, my signature coaching systems are designed to change that. I turn intentions into clear, achievable action plans, giving my clients the structure, accountability, and confidence to succeed in their body, business and well-being. My mission is to eliminate goal evasion by replacing overwhelm with simple, accessible, and accountable strategies that create lasting results.

Experience:

- 25 years in event management & corporate leadership, 35 years in health & wellness
- Award-winning business strategist
- Signature speaking topics include Confidence Transformation, Word of the Year, Reverse Engineer Your Best Year, Goal Setting & Goal Getting, The Healthy Habits Blueprint, and From Woo to Why.

My accolades include being named a 40 Under 40 by Vegas Magazine, a Top 100 Women of the Year by My Vegas and "best mom ever" by my teenage son.

Giving Back:

- Win Win Charity (2021-present). Current role: President.
- Captain of Team Brain Health, Walk to End Alzheimer's (2018-2025) - over $56,000 raised to date.

Education:

Bachelor of Arts in Communication, UC Santa Barbara

Accreditations:

Certified health coach (2020), certified life purpose coach (2021), ISSA certified personal trainer (2022), ISSA certified nutrition coach (2023), ISSA certified transformation coach (2023), ISSA certified youth, senior lifespan coach (2024), indoor cycling instructor (2025).

Socializing:

Instagram: @coachdebikinney
1400+ followers

Facebook: Hello Coaching
2K followers

Facebook: Debi Kinney
2.6K+ followers

LinkedIn: Debi Kinney
2300+ connections

TikTok: @CoachDebiKinney
390+ followers

Pinterest: Hello Coaching
9.9K monthly views

Coaching Services:

- Health & Nutrition coaching
- Personal training & fitness coaching, including services for people with special needs, kids, and senior citizens
- Small business and nonprofit consulting
- Life purpose life coaching

Personal Profile:

- Mom to a 15 year old boy, 6 year old yellow lab and 2 golden retriever puppies
- Wife to Dr. Jefferson Kinney, PhD and Chair of the Department of Brain Health at UNLV
- Originally from California, our family has lived in Las Vegas since 2007